

Duncan Elliots round on 21st May 2004

Finally got round to this on Saturday - after being goaded by certain comments on the bowland web site!!

A bit warm at first and a better line from the cafe at Dunsop would be to go up the road and ford the river as in the race and climb Mellor Knoll -I went up through the show field, over the bridge, and across to the Trough road. Then Hareden past the farm and up the track into the fields so I cut the corner to Totridge. Then as usual all the way to Hawthornthwaite and Holdren. Stopped a lot and drank to avoid 3 Peaks cramp. The climb up Whins was hard as the trods seem to have gone -turned left at top of fence -the trig is not a logical route to go up to and back! Nice run to Brennand tarn - true Bowland disciples should really have swum here -or at least been baptised by the Reverend Roberts! Knee sore now and stopped for a good feed at Wolfhole - the climb up White Hill was horrible as were the peat hags -didn't seem to have anything in the legs coming off towards Baxton - heather here was still bad but the west side was a bit better -then the sight of the 'Promised land' at Dunsop head -grass and a path - managed to run all of the next bit back to Dunsop bridge where I met John Wade who will verify the authenticity of the state I was in and the smell of my marination in the bogs of Baxton!! Really chuffed to get round but next time with a non -gay knee!! 7 hours 22 minutes -including 2 phone calls to see if I was alive!cheers Duncan